

# Frys News

Frys Hockey Club  
Wellsway School Keynsham

## Message from the Chairman

Welcome back.

Christmas seems a long time ago – and a lot has happened since our last newsletter including the Clifford Wedding! The beach in the Maldives is a very distant, but warm memory. We're into the home leg of the season now, and though the matches and training after Christmas seem like the hardest part, they can also be the most rewarding. It may be dark and cold, but the captains need people up to speed and at full fitness, so lets all get out and support our captains by playing to our best ability. Looking at the league tables nearly every team could finish the season in a strong position so there's lots to play for.

Off the pitch we're working hard to continue growing the club. We have a thriving young group of players at training who will form the basis of a junior section over the coming months and I'm working hard with Sheridan to get everything into place for these plans. We now have a draft plan for the next 3 years to work towards and when this has been agreed by the Executive Committee we'll share this with you all. This work will need the support from all of us – either carrying out jobs or just giving out information – there's around 80 members in the club and many hands will make light work. Please don't think 'someone else will do that' let's all get stuck in. Fry's Hockey Club is growing and you're part of it! It's been fantastic to see new faces around the club, let's hope we can welcome even more.

As always if you've got any ideas for events or activities which can add something to the club, let us know – Look out for the junior mixed tournament in March and a Fry's XI v Wellsway School on 28<sup>th</sup> March – if you're available to help or play then get in touch.

See you on the pitch

*James*

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### Key points:

- Junior link training to start soon

- Chaser letters for subs will be issued

- Think about how you could get involved with the club

## Christmas party!

On 25<sup>th</sup> November, around 50 members of the club, representing all our teams met at the Town and Country Club for the Christmas do. A big thank you to Kathrine Hemming, who organised the event superbly and worked hard on the night answering loads of questions and making sure everyone ate what they were supposed to!

Thank you also to all those who contributed to the raffle we held on the night – prizes ranged from booze and chocolate to chairs and earplugs. James Evans and Sarah Clifford manically sold tickets and Louisa and Amanda even managed to sell some tickets to people who weren't even part of the Club – we raised £57 so well done!

Everyone seemed to have a great time, there was much dancing, drinking and chatting and a great atmosphere. Thank you to all the under 18's who abided by the no alcohol rule – much appreciated.

## Working party

We've had 2 volunteers for the working party. Thank you to Jo Bush and Lillie Curnow. They will both now be given some guidelines by James and then be looking into all the options so that we can decide at the AGM the best way forward for the club.

If you would like to input into this, please contact Jo or Lillie. Papers will be issued in April, prior to the AGM.

## Committee changes

Some of you will be aware that there have been some changes at committee level over the last few months. These have been ironed out now, so to give you all an update the changes are listed below, and full committee member details are on the back page as usual:

**Men's Captain:** Dan Page is acting up as captain with strong support from James Evans and James Clifford.

**Ladies 3<sup>rd</sup> team captain:** Louisa stepped down at Christmas and Jo Sands (previously vice captain) has stepped up as captain.

**Chair of Selection:** As you all know, Charlene was voted into this role at the AGM last year, but following her car accident was unable to take up the post. Sally Curnow stepped into the role and has been doing a great job, but has now chosen to step down and concentrate on the fixtures secretary role. Charlene has therefore agreed to come back as chair of selection – welcome back!

## Subs payment - urgent

We are aware that some people still haven't paid their subs, which is not acceptable. If you are playing and have not paid then please do so as a matter of urgency. You can pass your payment on to your captain, or any other member of the committee.

Chaser letters will be issued to those with payments still outstanding at the end of February – you know who you are!!

Adults: £55

U18's: £25

You will also need to pay £20 on top for kit, if you have received new kit this season.

## Clubs 1st accreditation

To continue to receive the support of the Regional Hockey Development Officer, and obtain funding for the club to help us develop, we must go through the clubs 1<sup>st</sup> accreditation scheme. We need a small group of people to drive this through in the next 3 months – your help so far in getting our records up to date is fantastic – so **please could we have 3 or 4 people** to work with the executive committee on

## Junior Link Club

This will be starting at Wellsway on a Wednesday evening 5.30 – 6.30pm, just before our training. If you know anyone in school years 7, 8, 9 who would benefit from this session please send them along. This session is important in the club development as it will start to build our junior team. Hopefully this will start on 31st January – look out for updates on this.

## New skills

We are constantly receiving information about coaching and umpiring courses available. If you are interested in developing new skills and would like to attend one of these courses the club will support you. In order to gain accreditation we have to send people on these courses so the club will cover the course fees and reasonable travel/petrol expenses. A big thank you to those who have recently attended courses. Please contact Sarah Clifford for details.

## Upcoming courses

**Coaching children and young people.** This course is an excellent introduction, particularly to anyone who is new to coaching. It will help coaches to understand why children and young people take part in sport and how to plan and deliver sessions to meet their needs and maximise learning and enjoyment. Examples of good practice when coaching children and young people will also be provided, making this a 'must attend' course for anyone coaching children and young people.

**Date:** Tuesday, 13 March at Culverhay School Library, Rush Hill, Bath BA2 2QL. **Time:** 6.30pm to 9.30pm **Cost:** £20. **Suitable for:** Coaches and sports clubs members.

**Safeguarding and protecting children.** Child protection issues are a concern for any club that has junior members, and the Sports Coach UK accredited Safeguarding and Protecting Children workshop aims to explain issues around this subject, as well as providing sports coaches with some examples of best practice.

**Date:** Thursday, 22 March at Wessex Water, Claverton Down BA2 2QL. **Time:** 6.30pm to 9.30pm. **Cost:** £20. **Suitable for:** Coaches and sports club members working towards Club Mark accreditation.

**Equity in your coaching.** This course will enable coaches to ensure their coaching makes the best use of current knowledge and experience in the field of equality. Coaches have an important role in ensuring their clubs provide equal opportunities and that all members have access to sport, regardless of gender, age, race, ability, faith or sexual orientation.

**Date:** Thursday, 29 March at Culverhay School Library, Rush Hill, Bath BA2 2QL. **Time:** 6.30pm to 9.30pm. **Cost:** £20. **Suitable for:** Coaches and sports club members working towards Club Mark accreditation.

### Level 1 Coaching

May 2007 3 Sundays Dates TBC

## Summer league

It seems early to be talking about Summer league, but on the back of the success of last year, Louisa Pillinger will be organising this again and will be approaching more clubs to make the league even bigger and better. Traditionally we have asked people to put their names down to take part at the AGM, but we know that not everyone is able to attend, so this note is going out early so that you can let Louisa know if you want to play.

Fry's are planning to enter 3 teams again, as we did last year, and we will be looking for people to volunteer to captain each team. It's really straightforward to do, as teams are made up of players of mixed ability and players play for the same team throughout the Summer league. All the captains need to do is make sure the players know where/when the games are, that there are enough players for each game, and collect subs after each game.

If you are interested in taking part or being a captain please let Louisa know.

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## Your committee members

**Chairman:** James Clifford 07795270301/ 0117 9322906

Email: james.clifford@southglos.gov.uk - Please use FHC followed by the your subject in the subject line e.g. FHC Team Selection

**Vice Chairman:** James Evans

**Treasurer:** Heather Pillinger

**Club secretary:** Sarah Clifford, 07786 952736

Chair of Selection: Charlene Fleck

Fixtures secretary: Sally Curnow

1<sup>st</sup> team captain: Sally Palmer

1st team vice captain: Gemma Wookey

2<sup>nd</sup> team captain: Louise Bale

2nd team vice captain: Kim McNeil

3<sup>rd</sup> team captain: Jo Sands

4<sup>th</sup> team captain: Janet Wyatt-Sugg

4th team vice captain: Sue Farthing

U18's captain: Kirsten Fleck

Mens captain (acting): Dan Page

Mens Fixtures: Martin Moore

Mixed captains: Ian Martin / Claire Jones

Welfare officers: Joyce Pickard, Charlene Fleck, Doug Whiteside

### IMPORTANT MEETINGS

Thursday 15th February—Committee (exec)

**Saturday 21st April—AGM**

There may be other meetings announced during the year, they will be announced with as much notice as possible and will use up as little of your valuable time as is realistic

Anything to add for the next newsletter – email

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